

How can you make your decisions known? By writing and filing an advance directive.

Having the end-of-life conversation with loved ones and healthcare providers can never happen soon enough. Please join us for a panel discussion with a team of expert healthcare providers to explore the value of end-of-life planning and why it is important for every one of us to have an advance directive.

What's the difference between palliative care and hospice? Ask our panel.

After we view a short TED Talk video, "What Really Matters Most at the End of Life," our team of local professionals will explain the difference between palliative care and hospice and why advance care planning is a key component of both. Panelists include Northern Light's Medical Director of Palliative Care as well as a nurse practitioner and two licensed social workers experienced in the field of endof-life care. Please bring your questions for the panel!

Tuesday, April 16 7:00 - 8:30 pm



Bagaduce Music Lending Library's Recital Hall 49 South Street, Blue Hill

A program of Healthy Peninsula and its community partners

Peninsula Northern Light.

Information: 374-3257 or bpease@healthypeninsula.org

